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Université d'Ottawa  
Faculté d'éducation

University of Ottawa  
Faculty of Education

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To Whom It May Concern:

Emily Read was enrolled in a course in the B.Ed. program that I taught in the fall of 2012 entitled "Education of Exceptional Students". Emily is also a member of the Comprehensive School Health cohort, of which I am a co-leader and as such I am familiar with her many skills and attributes outside of the classroom. I also supervised Emily's participation in a school-based project focused on mindfulness.

As part of her coursework, Emily completed a number of assignments including the creation of a differentiated lesson plan and a workshop on teaching students with Learning Disabilities. Throughout the course, Emily displayed dedication, conscientiousness and a genuine interest in developing greater understanding and skills in the area of special and inclusive education. She collaborated well with her peers participated in thoughtful ways throughout the course. Emily's coursework was exemplary and completed at a very high standard.

Emily is also one of a small group of students who participated in the development and implementation of a mindfulness-based program for elementary-aged students. Although juggling a heavy course load and taking part in the Faculty's ongoing professional development program for pre-service educators, Emily did not hesitate to commit her time and energy to this project. She has participated in weekly meetings, contributed regularly and with great insight to the conceptual development and preparation of the program, and took time every week to deliver the program to a group of students in a local elementary school. In doing this, she has shown herself a leader of comprehensive school health and demonstrated her dedication to the holistic well-being of her students.

In sum, Emily is a talented, reflective, conscientious educator with a quiet presence who unfailingly displays a positive attitude and willingness to participate and engage in learning.

Sincerely,

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